



New Hope News

December 2016
Volume 8 Issue 3

Hours & Services

- **Eligibility Interviews:**
 - BSL: Mon & Thurs 9:00am-4:00pm
 - Shalotte: Wed 1:00pm-4:00pm
- **Medical Clinic**
 - BSL: Mon - Fri 9:00am-4:00pm
 - Shalotte: By appointment
- **Dental Clinic:** By appointment
- **Pharmacy:**
 - Tuesdays: Call or drop off by 12:00pm pickup 2:00-4:30pm
 - Thursdays: Call or drop off by 12:00pm pickup 2:00-7:00pm
- **Specialty Care (By appointment):**
 - Diabetic/Endocrine Clinic
 - Diabetic Retinopathy Screenings & Medical Eye Care
 - Urology
 - Diabetes Education
 - Weight Management Counseling
 - Pharmacy Assistance Program
- **Open to all Brunswick County Residents**
 - **Diabetes Education Classes:**
 - Brunswick Senior Resources, Shalotte: 1st Tuesday 5:30pm
 - NHC BSL: 3rd Thursday 5:30pm
 - **Southport Lions Club:**
 - Vision screenings
 - 2nd Thursday, 3rd Tuesday 9:30am - 11:30am, Walk-in
 - **Duke Partners in Caring:**
 - HIV testing, referrals & counseling
 - 3rd Thursday 1pm-5pm, Walk-in

Our Mission

To provide basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County and to enhance the quality of life, while preserving the privacy and dignity of every patient.

As 2016 comes to a close, we wanted to say thank you for all you do to make our community a better place. Your generous support enables us to provide life-saving care to more low income, uninsured Brunswick County residents. Our many doctors, nurses and volunteers donate hundreds of hours monthly to support this critical service for our neighbors in need.

We strive to provide quality care in a professional setting, but there continues to be a great demand for our programs and we need help in many forms. We are raising funds to cover the increasing cost of medications and to make the final payment on the loan (due in August 2017) for our main Clinic in Boiling Spring Lakes that we built in 2010. There are several items on our wish list (pg 3) and we always need volunteers with time and a desire to give back.

During this holiday season and all year, we are so inspired by the commitment of our caring volunteers and staff. Every day is challenging and each patient's needs and situation are unique. Whether you ever interact directly with a patient or not, you are helping bring about a positive change in someone's life. Thank you and we wish you a happy and healthy holiday season!

Dennis O'Connor, President, BoD

Sheila Roberts, Executive Director

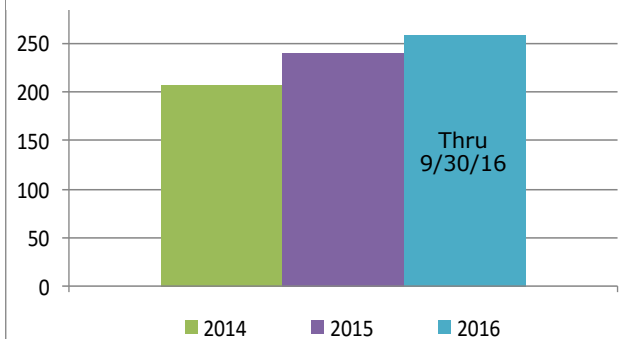
Dental Program Update

The New Hope Clinic dental program has been busy in 2016!

In addition to the 10 local dentists volunteering to provide mostly urgent dental care on site and some community dentists accepting patients in their private offices, earlier this year NHC was approved by the NC Board of Dentistry and the East Carolina University School of Dental Medicine as an externship site. Now most of the dental students being trained at the Brunswick County ECU Dental Learning Center also volunteer at New Hope Clinic under the supervision of ECU faculty dentist volunteer, Dianne Caprio. This has allowed us to help more patients get fillings to keep their teeth for better nutrition, improving their overall health.

Kudos to the NHC dental team for expanding the services available and increasing the number of dental visits by 50% over the previous year!

REGISTERED VISITS - DENTAL



East Carolina University
SCHOOL OF DENTAL MEDICINE



Dental students, Eric Kelly and Kristen Jilg, volunteering at NHC

MAIN CLINIC & MAILING ADDRESS

201 W Boiling Spring Rd
Southport, NC 28461



NEW HOPE CLINIC

PHONE: (910) 845-5333

FAX: (910) 845-5366

EMAIL: clinic@newhopeclinicfree.org

www.newhopeclinicfree.org

SATELLITE CLINIC

4600-10 Main St
Shalotte, NC 28470

What do our patients say about New Hope Clinic?

"Place is a joy to visit, saved my life. I would not be here if not for NHC keeping me alive."

"I am grateful they are there."

"Keep up the good work and thanks for all you do."

"Friendly, helpful. Take the time to listen to my issues."

"Everyone is nice. Thank you all!"

"I don't have any insurance so free clinic is a blessing."

Partner Spotlight



The Lions Club International serves as "Knights for the blind in the crusade against darkness." To support this vision, the Southport Lions Club provides vision screening sessions on the second Thursday and third Tuesday of each month from 9:30am to 11:30am at the New Hope Clinic in Boiling Springs. This program is open to anyone.

The screening is for both distance and near (reading) vision. The individual being tested receives a passing grade if he/she can see 20/30 or better. If the individual tests below that level, the screeners suggest that he/she make an appointment for a professional eye exam. In some cases, the Lions Club provides financial assistance for the eye exam and/or glasses to individuals.

Bring your friends and family to get their vision checked!



Save the Date:

Volunteer Appreciation Brunch
Saturday, April 29th (More details soon)

Win cash & prizes for you and your organization!

LOG YOUR TIME



REWARD Volunteers

It's time to give thanks, give back & get rewarded for volunteering. Help us spread the volunteering message! Our friends at Cabot Creamery Co-operative want to reward you for volunteering, taking action, and to inspire individuals and their respective communities to be at the center of social change - discovering and actively demonstrating their collective power to make a difference through volunteerism.

Cabot's Reward Volunteers program is a free, web-based, simple & easy way to track the time you spend volunteering in your community to earn rewards for your contributions. The more hours you log, the more chances you'll have to win cash and prizes. You could win great prizes like New England gift baskets, Cabot cheese, dream vacations and much more. New Hope Clinic volunteer, Art Fontaine, recently won a trip for two to Vermont!



Together we can support volunteer efforts, inspire others to get involved, and bring well-earned recognition to hard working volunteers throughout the US. Visit <http://rewardvolunteers.coop> and start logging your volunteer time today!



WISH LIST



- Desks with keyboard trays
- Wireless temperature monitor system (\$105)
- Trash bags – tall kitchen
- Toilet Tissue
- Facial Tissues
- Paper Towels - roll
- Copier Paper
- Individually wrapped toothbrushes
- Dental Floss
- Toothpaste
- Sharpie markers - ultra fine point, wide chisel tip
- Digital home blood pressure monitors
- Home nebulizers
- Cases of bottled water
- Pill cutters
- Pill sorters



Financial Donations:

We currently need monetary donations to purchase medications, diabetic supplies and pay general operating expenses including utility bills and facility maintenance.

Contact your bank about setting up a monthly automatic donation by check or click 'Donate Now' on our website to set up automatic payment with your bank or credit card.

Consider donations of appreciated stock.



Gifts of time and talent are the life blood of the clinic.

Consider Volunteering!

Current volunteers needed:

- Dental Assistants
- Receptionists
- Medical Record Scanning
- Nurses
- Medical Assistants
- PR/Marketing Committee

Call 910-845-5333

or visit:

newhopeclinicfree.org/get-involved/volunteer/

Save the Date! Upcoming Events to Benefit New Hope Clinic

Art with Heart 2017
 Southport Community Center
 Sunday, October 15, 2017

**New Hope Clinic
 20th Anniversary in 2018!**
 Volunteers are needed to start planning this year of celebration. Contact Gretchen Bodinsky at bodinsky@bellsouth.net if you would like to help.

MIKE'S GARAGE BAND
 benefit concert for NHC
 Friday, April 21, 2017

Start at **amazon smile**

for your holiday shopping and Amazon donates to New Hope Clinic

- Board of Directors**
 Dennis O'Connor - President
 Amie Sloane - Vice President
 Gretchen Bodinsky, RN - Financial Officer
 June Baker
 Christy Bell
 David Berne
 Harry Einbinder
 Karen LeMay
- Medical Director**
 Karen Wood, MD
- Dental Director**
 Jennifer S. Williams, DDS
- Pharmacy Director**
 David E. Anderson, RPH
- Executive Director**
 Sheila Roberts

You're Invited!
2016 Silent Auction & Fundraiser
Bald Head Island Club
Free Admission, Heavy Hors d'Oeuvres, and Cash Bar
Friday, December 30, 2016 5:00-8:00 pm
(Auction 5:00-7:00pm)
 For ferry and island tram reservations, call 457-5003

Platinum Sponsors

Christy & Susan Bell

Gold Sponsors

Kurt & Emily Bonney Carpentry & Moore, Inc

(910) 457-6789 • 115 North Howe Street • Southport, NC 28461

ROOM SERVICE
 • beach flair for your home •

Silver Sponsors

Harry & Nancy Einbinder
Steve & Gretchen Bodinsky
Jane & John Goldsworth

Robert & Karen LeMay
Dennis & Beth O'Connor
Seth & Sheila Roberts

Auction Items
 Original Art Work
 Rental Homes
 Golf Packages

Photography Session
 Gift Certificates

Sailing Trip
 Charter Fishing
 Gift Baskets

AND MUCH MORE!!



New Hope Clinic, Inc.
201 W. Boiling Spring Rd
Southport, NC 28461

Phone: (910) 845-5333

Fax: (910) 845-5366

Email: clinic@newhopeclinicfree.org

www.newhopeclinicfree.org

Mail service on this newsletter donated by:



Need a gift idea? Make a donation to New Hope Clinic in honor of someone on your gift giving list & we will send an attractive holiday card to your loved one. (minimum gift of \$10)



Please help us provide essential health care in Brunswick County.

Name _____ Phone _____

Address _____ Email _____

Enclosed is my gift of: _____ \$25; _____ \$50; _____ \$100; _____ Other _____

_____ In Memory of _____ In Honor of _____ Name _____

Send Acknowledgement to: (Address) _____

Send Holiday Card: (Circle One) Yes / No

_____ I wish to remain anonymous

*Contributions are tax-deductible as allowed by law. New Hope Clinic, Inc. is a 501(c)(3) non-profit organization. EIN: 31-1614379
Financial information about this organization and a copy of its license are available from the NC Charitable Solicitation Licensing section at 1-888-830-4989. The license is not an endorsement by the State.

THANK YOU! We Truly Appreciate Your Support!

To: New Hope Clinic, Inc., 201 W. Boiling Spring Rd, Southport, NC 28461

DONATE ONLINE: www.newhopeclinicfree.org