

# New Hope News

New Hope Clinic, Inc.

201 W. Boiling Spring Rd, Southport, NC 28461

Phone: (910) 845-5333 Fax: (910) 845-5366

Email: [clinic@newhopeclinicfree.org](mailto:clinic@newhopeclinicfree.org)

[www.newhopeclinicfree.org](http://www.newhopeclinicfree.org)

EIN: 31-1614379



*Mission: To provide basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County, and to enhance the quality of life, while preserving the privacy and dignity of every patient.*

Newsletter Volume 3, Issue 2

December, 2011

## Board of Directors

Gretchen Bodinsky, RN - President  
Rev. Barry Kubler - Vice President  
Dennis O'Connor - Secretary  
Bruce Stenquist - Financial Officer  
June Baker  
David Berne  
Harry Einbinder  
Jane Goldsworth  
Tom Kuhn  
Lee Michaelson  
Amie Sloane

## Medical Director

Karen Wood, MD

## Dental Director

Jennifer S. Williams, DDS

## Pharmacy Director

David E. Anderson, RPH

## Executive Director

Sheila Roberts

## Services Provided:

- Eligibility:  
Mondays 1-3pm,  
1st four Thursdays 1-4pm
- Physician/FNP:  
1st four Thursdays  
Call 1-3pm for appointment later  
that afternoon
- Physician Assistant/  
Family Nurse Practitioner:  
Mon, Tues, Wed, Fri 9am-4pm  
(Appt or Walk-In)
- Spanish Clinic:  
1st Tuesday 1-3:30pm  
(PA/FNP with Interpreter)
- Pharmacy:  
1st four Thursdays: call 2-4pm,  
pickup 6-7:30pm
- By Appointment:  
Chiropractor  
Dental Extractions  
Dermatology  
Diabetic Clinic  
Diabetic Eye Exams  
EKG Clinic  
Podiatry  
Pharmacy Assistance Program

Open to all Brunswick Co. Residents:

- Diabetes Education Class:  
1st Tuesday 7-9pm  
Concord United Methodist Church  
Supply, NC
- Diabetes Education  
(with Spanish interpreter):  
3rd Thursday, 5:15- 6:15pm  
New Hope Clinic

## The Art and of Giving!



### Art with Heart Auction

Thank you to everyone who contributed to New Hope Clinic's "Art With Heart", held Sunday, October 2, 2011 at the Southport Community Building. With the support of local artists, restaurants, businesses and residents, this event raised \$18,000 for a great cause - to make Brunswick County a healthier place to live! A good time was had by all who attended. There were 27 original pieces in the "live" art auction, a wide variety of items in a silent auction and raffle, and delicious food provided by local restaurants.

### Do Free Clinic Patients Receive Good Quality Care?

North Carolina Free Clinics are doing well when compared to statewide averages based on data collected by the Health Resources and Service Administration (HRSA) on Federally Qualified Health Centers. At Free Clinics, the patient health outcomes of "achieved Blood Pressure control" and "patients with HbgA1c level of above 9" are better than the state average!

"North Carolinians that receive free health care have health outcomes on par with those receiving care through private providers."

We at New Hope Clinic could not provide this care without the support of our staff, our volunteers and our donors. You make us what we are: A recognized outstanding provider of beneficial health care with positive health outcomes.

New Hope Clinic, Inc. is a 501(c)(3) non-profit organization. Contributions are tax-deductible as allowed by law. Financial information about this organization and a copy of its license are available from the NC Charitable Solicitation Licensing section at 1-888-830-4989. The license is not an endorsement by the State.

## Focus on Pharmacy

by David Anderson, RPH

The pharmacy we now have in our new building wasn't always this nice or productive. Back when New Hope Clinic started, patients were provided with a written prescription or possibly some physician samples of medicine. As you might imagine, many patients could not afford to purchase their medicine, so they went without it. It was no surprise that many patients' medical conditions did not improve due to the lack of drug treatment. As a result of this situation, the Clinic made arrangements with several local pharmacies to fill New Hope Clinic prescriptions and the bill was sent to the Clinic for payment. While this was a partial solution, the amount of paperwork, record keeping and cost of this approach caused the Clinic to abandon this program.

It was at that time that a member of the Board of Directors suggested that the Clinic approach the North Carolina Board of Pharmacy to request a license to dispense medicine directly from the Clinic. After several months of applications, meeting State Pharmacy requirements and personal interviews, New Hope Clinic was granted a "Limited License". The limits on our license require that we fill prescriptions only for patients treated by medical providers of the New Hope Clinic. Our license also prohibits the stocking or filling of prescriptions for any "controlled" drugs.



The Pharmacy provides medicines to New Hope Clinic patients from a list of approximately 60 medications that our medical providers use most often. These medicines are purchased from a normal drug wholesaler and are ordered by our pharmacy staff on a weekly basis. We also work with major pharmaceutical companies through Prescription Assistance Programs (PAP) to provide medicines that we do not have available and are too expensive for the Clinic to purchase. The medicines provided by the PAP are donated by the major pharmaceuticals and require no cost on the part of the Clinic or patients, but do involve a lot of volunteer hours and paperwork.

Based on the fact that the Clinic purchases a number of the medicines that are provided to our patients, we limit the number of free prescriptions from the pharmacy to five per patient. This restriction does not include diabetic supplies, insulin or any of the PAP medicines. Unfortunately, several of our patients are in very poor health with multiple medical conditions and are prescribed more medications than our pharmacy can afford. These patients try to find a way to buy these additional medications on their own, but may end up going without all the drug treatments they need.

The service provided by our Pharmacy is a result of a number of dedicated volunteers. We currently have seven Pharmacists, two Pharmacy Technicians and two people handling the Prescription Assistance Program. This group of volunteers provides approximately 16,000 prescriptions per year for New Hope Clinic patients. Thank you to all of our Pharmacy Staff for their many hours of dedicated service!

### Did You Know?

According to the 2010 North Carolina Association of Free Clinics report, there are 79 Free Clinics serving 80 of North Carolina's counties. In total, statistics about these clinics revealed:

\$167,600,000 in health care services provided  
200,000 patient visits  
6,210 volunteers worked 262,000 volunteer hours  
487,537 prescriptions filled

Clinics were classified based on the number of patient visits or unduplicated patients served into small, medium and large clinics. New Hope Clinic falls into the medium category along with 24 other clinics. The 2010 totals for the medium category were:

70,841 patient visits  
1,214 volunteers  
240,354 prescriptions filled

#### New Hope Clinic reported the following numbers:

##### 2009

\$962,963 in health care services provided  
4,112 patient visits  
152 volunteers worked 12,228 volunteer hours  
9,963 prescriptions filled

##### 2010

\$1,335,618 in health care services provided  
5,063 patient visits  
185 volunteers worked 12,870 volunteer hours  
13,822 prescriptions filled

# Making a Difference in Brunswick County

## From a Patient -

*To Everyone that works at New Hope Clinic,  
I want to say thank you very much for your caring, kindness and patience. I don't know what I would have done if it hadn't been for New Hope. Thank you seems small words but from my heart I truly want to say Thank You so very much.*

*God Bless to you all,  
Julie*

## Wish List

- Copier Paper
- Anti-bacterial hand soap
- Paper lunch bags
- Paper clips
- Binder clips - small or medium
- Black or Red pens
- Toilet paper
- Paper towels
- Tissues
- Trash bags—30 gal. & tall kitchen
- Latex-free exam gloves
- 13 Chair mats (\$25 each)

## Consider Volunteering!

### Current Needs:

- Diabetic Educators, Dieticians,
- Nutritionists, RN's (active or retired),
- Newsletter contributors, Fundraisers,
- Speakers



Ocean Ridge Charities Association donation presentation, November 2011

## Just Like New!

Can you believe we moved into our new facility 18 months ago?! Thanks to the careful attention of clinic workers and patients and some special attention from a group of handymen, things are still looking great. The St. Philip's Episcopal Church Men's Group has taken on most of the clinic's regular maintenance and even repainted the busiest areas of the interior. Thanks for your great work!



Fashion Show to benefit NHC at Island Breeze in Sunset Beach, Sunday, November 20.



New Hope Clinic, Inc.  
201 W. Boiling Spring Rd.  
Southport, NC 28461

(910) 845-5333

www.newhopeclinicfree.org

Mail service on this newsletter donated by:

**The Printing Shoppe  
and Smart Mail**

A full service printer and specialists  
in Direct / Saturation and  
Fulfillment Mail.

150 Holden Beach Rd, Ste 3 ~ Shallotte, NC  
(910) 755-6151 / printshop@atmc.net

**Bald Head Island Silent Auction & Fundraiser**

**You're  
Invited!**

Friday, December 30 5pm - 8pm  
Bald Head Island Club (Auction 5pm - 7pm)  
FREE Admission - Heavy Hors d'oeuvres - Cash bar

**You're  
Invited!**

**Many Thanks to these Auction Benefactors:**

Atlantic Realty Professionals   Wells Fargo Advisors - Elrod, Jones, and Lawrence Financial Group  
Maritime Market   Seabreeze Rentals   MoJo's on the Harbor   Kurt & Emily Bonney   Carpentry & Moore, Inc.  
Bruce & Monique Stenquist   Mary Munroe Realty   G.K.W. & Associates, Inc.

Please help us provide essential healthcare in Brunswick County.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ Email \_\_\_\_\_

Enclosed is my gift of: \_\_\_\_\_ \$25; \_\_\_\_\_ \$50; \_\_\_\_\_ \$100; \_\_\_\_\_ Other

\_\_\_\_\_ In Memory of \_\_\_\_\_ In Honor of Name \_\_\_\_\_

Send Acknowledgement to: (Address) \_\_\_\_\_

\_\_\_\_\_ I wish to remain anonymous.

**THANK YOU! We Truly Appreciate Your Support!**

\*Contributions are tax deductible to the extent permitted by law. New Hope Clinic is a 501(c)(3) non-profit organization. ID#31-1614379

To: New Hope Clinic, Inc., 201 W. Boiling Spring Rd, Southport, NC 28461