

New Hope News

New Hope Clinic, Inc.

201 W. Boiling Spring Rd, Southport, NC 28461

Phone: (910) 845-5333 Fax: (910) 845-5366

Email: clinic@newhopeclinicfree.org

www.newhopeclinicfree.org

EIN: 31-1614379



Mission: To provide basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County, and to enhance the quality of life, while preserving the privacy and dignity of every patient.

Newsletter Volume 5, Issue 2

December 2013

Board of Directors

Gretchen Bodinsky, RN - President
Dennis O'Connor - Secretary
Bruce Stenquist - Financial Officer
June Baker
Christy Bell
David Berne
Harry Einbinder
Jane Goldsworth
M. Sandy Graham, DDS
Amie Sloane
Toni Melvin Whitaker

Medical Director

Karen Wood, MD

Dental Director

Jennifer S. Williams, DDS

Pharmacy Director

David E. Anderson, RPH

Executive Director

Sheila Roberts

Services Provided:

- Eligibility:
Mondays 1-3pm,
Thursdays 1-4pm
- Primary Care Medical Clinic
Monday - Friday: 9am-4pm,
Other hours as available
- Pharmacy:
1st four Thursdays: call by 4:30pm,
pickup 6-8pm
Tuesdays: call before 2pm,
pickup 3-4:30pm
- By Appointment:
Chiropractor
Dental
Dermatology
Diabetic Clinic
Medical Eye Exams
Podiatry
Pharmacy Assistance Program

Open to all Brunswick Co. Residents:

- Diabetes Education Class:
1st Tuesday 7-9pm
Concord United Methodist Church
Supply, NC
- Diabetes Education
3rd Thursday, 5:15-6:15pm,
New Hope Clinic

Every month, over 300 uninsured, ailing people (over 1,100 annually) rely on the New Hope Clinic for access to health care. Some think the Clinic's days are numbered, given that the insurance expansion under the new healthcare law takes effect in January. We are here to say the Clinic will stay because the demand for our services is likely to be as high as ever.

The Affordable Care Act is expected to extend coverage to 25 million Americans over the next decade, according to recent government estimates, but that will still leave a projected 31 million people without insurance by 2023. This will definitely be felt here since NC, along with 24 other states, has so far declined to expand Medicaid. There will continue to be gaps in services not covered and we live in an area with a shortage of providers. There are many people in Brunswick County with incomes too low to qualify for subsidies to help buy insurance in the Health Insurance Marketplace, yet they are not eligible for Medicaid. New Hope Clinic's services will continue to be needed, and we are so thankful to have our community's support of our mission.

Thank you for supporting the Clinic during the holiday season and all year. We depend on you - whether you volunteer at the Clinic, make a financial contribution, collect items on our Wish List, or spread the word about our programs to your friends and those in need - to help us build a healthier Brunswick County, one patient at a time.

Wishing you and your loved ones all the best during the holidays,

Sheila Roberts
Executive Director

Gretchen Bodinsky,
Board of Directors, President and Chair

Need a gift idea

for a hard-to-buy-for friend or family member?
Make a donation to New Hope Clinic in their honor & we will send an attractive holiday card to your loved one.

You'll be supporting a great cause!
(Minimum gift of \$10)



New Hope Clinic, Inc. is a 501(c)(3) non-profit organization. Contributions are tax-deductible as allowed by law. Financial information about this organization and a copy of its license are available from the NC Charitable Solicitation Licensing section at 1-888-830-4989. The license is not an endorsement by the State.

Employee Spotlight



New Hope Clinic staff and patients were sad to see Nurse Practitioner Ed Babel retire in August 2013, but were excited to have Rebecca Fairchild, Family Nurse Practitioner, join the New Hope Clinic clinical team in September.

Thanks to grants from the Cape Fear Memorial Foundation, Rebecca

Rebecca Fairchild, FNP-C

splits her work week providing primary care at both New Hope Clinic in Brunswick County and Cape Fear Clinic (previously Tileston Clinic) in Wilmington, enabling the two Free Clinics to better share resources and best practices.

Rebecca earned her degree at Thomas Jefferson University in Philadelphia, Pennsylvania and has worked as an NP for 11 years. Prior to relocating to Wilmington, NC, in 2012 with her husband and children, Rebecca spent the previous five years providing primary care with an HIV focus as the Clinical Director of the Ryan White Clinic in Reading, Pennsylvania.

Outside of work, Rebecca likes spending time with her family, sewing and baking. Rebecca loves being an FNP and most enjoys providing patient education and working with her clients to develop a plan of care.

Welcome to New Hope Clinic, Rebecca, and thank you for making a difference in the lives of your patients!



New Hope Clinic - On the Road - New Hope Clinic staff and volunteers spread the word about the Clinic at health & wellness fairs year-round.

Join Us December 30th!

2013 NEW HOPE CLINIC
SILENT AUCTION & FUNDRAISER
BALD HEAD ISLAND, NC

You're Invited!

Free Admission, Heavy Hors d'oeuvres, Live Music, and Cash Bar

GOLD SPONSORS



Silver Sponsors

Gretchen & Steve Bodinsky
Jane & John Goldsworth
Howard Eye Associates
Island Hardware
Dennis & Beth O'Connor
Seth & Sheila Roberts
St. Philip's Episcopal Church

*Original Art Work
Rental Homes
Charter Fishing*

*Auction Items
Gift Certificates
Golf Packages
Sailing Trip*

*Island Services
(Carpenters, Etc.)
MUCH MORE!!*

MONDAY, DECEMBER 30, 2013

5PM - 8PM

(AUCTION 5PM - 7PM)

BALD HEAD ISLAND CLUB

Improve a Life - Make a Lifetime Gift

Tax-Free Transfers to Charity extended through December 2013 for IRA Owners 70½ or Older

The American Taxpayer Relief Act of 2012 extended for 2013 the provision authorizing qualified charitable distributions (QCDs) – otherwise taxable distributions from a traditional or Roth IRA owned by someone, 70½ or older, paid directly to an eligible charitable organization on or before December 31, 2013. Each year, the IRA owner can exclude from gross income up to \$100,000 of these QCDs. QCDs are counted in determining whether the IRA owner has met his or her IRA required minimum distributions for the year.

Please check with your accountant to determine if you qualify for this extremely tax-efficient way of making a lifetime gift.

Wish List

The following is a partial list of items we need for ongoing clinic operations:

Anti-bacterial hand soap
Alcohol prep pads
Trash bags—tall kitchen
Toilet tissue
Facial tissue
Paper towels - roll & multi-fold
Binder clips - small or medium
Copier paper
Paper clips
Black or red pens
Scotch tape
Sharpie markers - ultra fine point
1/2 cc Insulin syringes
Cases of bottled water
Batteries - AAA or AA
Diabetic foot mirrors
Home blood pressure cuffs

Thoughts from a New Hope Clinic Patient

Dear New Hope Clinic,

I have been a patient at the Clinic for the past 3½ years. I am not eligible for Medicare or Medicaid. My husband died 4 years ago and I could no longer afford insurance. I have been seeing the Physician Assistant at the Clinic for high blood pressure and high cholesterol. These are under control now thanks to the checkups and meds.

I have been blind in my left eye since I was 5 years old. I was telling my Clinic doctor that the vision in my right eye was starting to get fuzzy. She made me an appointment with the optometrist at the New Hope Clinic who did the checkup and arranged for an appointment at a retinal clinic. I had laser surgery 9 months ago and had follow up exams. My sight is much better! I wanted to thank the doctors and volunteers and supporters of New Hope. Without the Clinic I could be blind.

*Thank you,
Ellen
Ocean Isle Beach, NC*

Giving from the Heart



Thank you for making Art with Heart 2013 the most successful event for New Hope Clinic yet!

The auctioneer team of Ray Wycoff and Hilary Meehan kept the capacity crowd at the Southport Community Center entertained on a beautiful October Sunday afternoon as they presented the amazing artwork collected by Ricky Evans Gallery, Lantana's Gallery and

donated by creative local artists, including two pieces painted plein air during the event by Jim McIntosh.

In addition to original artwork, the silent auction and raffle offered over 100 interesting items including gift baskets, jewelry, vacation stays and more – all donated by our generous community.

With the utmost gratitude for the Auction Sponsors, item donors, restaurants donating food, musicians, event attendees and volunteers, we are so pleased to report the event raised \$23,856. With only \$1,370 in expenses, \$22,291 will go directly to providing services to the less fortunate in our community!



**Don't miss the next
Art with Heart in
two years!**

NHC Statistics - By the Numbers

► Over the last twelve months, NHC has served 1,112 Patients, including 415 New Patients, and provided 6,822 Patient Visits and 14,466 30-day prescriptions at no cost to patients.

► For every \$1.00 that is received by New Hope Clinic, \$9.12 of free healthcare is provided to the clinic's patients.

► A \$255.07 contribution to New Hope Clinic will, on average, sponsor a patient for an entire year at the clinic.





New Hope Clinic, Inc.
201 W. Boiling Spring Rd.
Southport, NC 28461

(910) 845-5333

www.newhopeclinicfree.org

Mail service on this newsletter donated by:

**The Printing Shoppe
and Smart Mail**

A full service printer and specialists
in Direct / Saturation and
Fulfillment Mail.

150 Holden Beach Rd, Ste 3 ~ Shallotte, NC
(910) 755-6151 / printshop@atmc.net

Consider Volunteering!

Current Needs:

- Dental Assistants
- Dieticians / Nutritionists
- Clerical Volunteer - Monday mornings
- Doctors, NPs, PAs - Specialty and Primary Care

Help us cut costs.

Sign up to receive the quarterly newsletter by email.

Call the clinic at 910-845-5333
or send an email to
clinic@newhopeclinicfree.org
to add your name to the email list.

Please help us provide essential health care in Brunswick County.

Name _____ Phone _____
Address _____ Email _____

Enclosed is my gift of: _____ \$25; _____ \$50; _____ \$100; _____ Other

_____ In Memory of _____ In Honor of Name _____

Send Acknowledgement to: (Address) _____

Send Holiday Card: (Circle One) Yes / No _____ I wish to remain anonymous

For information about sponsorship and donor recognition options,
please contact Sheila Roberts, Executive Director.

THANK YOU! We Truly Appreciate Your Support!

*Contributions are tax deductible to the extent permitted by law. New Hope Clinic is a 501(c)(3) non-profit organization. ID#31-1614379

To: New Hope Clinic, Inc., 201 W. Boiling Spring Rd, Southport, NC 28461