

New Hope News

New Hope Clinic, Inc.

201 W. Boiling Spring Rd, Southport, NC 28461
Phone: (910) 845-5333 Fax: (910) 845-5366
Email: clinic@newhopeclinicfree.org
www.newhopeclinicfree.org
EIN: 31-1614379



Mission: To provide basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County, and to enhance the quality of life, while preserving the privacy and dignity of every patient.

Newsletter Volume 4, Issue 2

December 2012

Board of Directors

Gretchen Bodinsky, RN - President
Rev. Barry Kubler - Vice President
Dennis O'Connor - Secretary
Bruce Stenquist - Financial Officer
June Baker
David Berne
Harry Einbinder
Jane Goldsworth
Amie Sloane

Medical Director

Karen Wood, MD

Dental Director

Jennifer S. Williams, DDS

Pharmacy Director

David E. Anderson, RPH

Executive Director

Sheila Roberts

Services Provided:

- Eligibility:
Mondays 1-3pm,
1st four Thursdays 1:00-4:00pm
- Physician/FNP:
1st four Thursdays
- Physician Assistant/
Family Nurse Practitioner:
Mon, Tues, Wed, Fri 9am-4pm
- Spanish Clinic:
1st Tuesday 1-3:30pm
(PA/FNP with Interpreter)
- Pharmacy:
1st four Thursdays: call 2-4pm,
pickup 6-7:30pm
- By Appointment:
Chiropractor
Dental Extractions
Dermatology
Diabetic Clinic
Diabetic Eye Exams
EKG Clinic
Podiatry
Pharmacy Assistance Program

Open to all Brunswick Co. Residents:

- Diabetes Education Class:
1st Tuesday 7-9pm
Concord United Methodist Church
Supply, NC
- Diabetes Education
(with Spanish interpreter)
3rd Thursday, 5:15-6:15pm,
New Hope Clinic

A note from the Board Chair:

On November 6th, President Barack Obama was re-elected President of the United States. Just what does his re-election mean to those of us supporting the work of New Hope Clinic? According to the National Association of Free & Charitable Clinics (NAFC), even with the full implementation of the Affordable Care Act, there may be as many as 26 million people who are still without access to health insurance. I agree with the NAFC that free clinics will continue to be an important and critical part of the health care safety net in America - New Hope will be an essential part of the safety net in Brunswick County.

Our patients are not worried about politics, but are concerned with receiving access to health care, which is something a lot of us take for granted. The medically underserved in our community struggle daily with tough choices such as putting food on the table or paying for health care. At New Hope, we are thankful for our volunteers, staff and donors who help us provide accessible health care to our patients. With your help, our clinic will continue to help build a healthy Brunswick County, one patient at a time!

In appreciation for all you do for our community through your support of New Hope Clinic, I wish you and your families the best of the upcoming holidays.

Gretchen Bodinsky
President and Chair Board of Directors
New Hope Clinic

Need a gift idea

for a hard to buy for friend or family member?
Make a donation to New Hope Clinic in their honor & we will send an attractive holiday card to your loved one.

You'll be supporting a great cause!
(Minimum gift of \$10)



New Hope Clinic, Inc. is a 501(c)(3) non-profit organization. Contributions are tax-deductible as allowed by law. Financial information about this organization and a copy of its license are available from the NC Charitable Solicitation Licensing section at 1-888-830-4989. The license is not an endorsement by the State.

Who are those masked NHC supporters?



Joe Stanley & Lynda Stanley



James Boston, III, MD, PhD
& Nancy Boston



BLACK & WHITE MASQUERADE
THANK YOU TO ALL WHO SUPPORTED
AND ATTENDED!
FRIDAY, OCTOBER 26, 2012



Event Sponsored by:



NOVANT MEDICAL CENTER

St. Philip's
Episcopal Church



Special Thanks to:

Zeb Starnes Creative Photography
A Thyme Savor Catering
One Red Event
The Duke Ladd Band
Uncorked by the Sea




Frankie Beacham
& Lisa Henderson



Join us December 29!

2012 NEW HOPE CLINIC
SILENT AUCTION & FUNDRAISER
BALD HEAD ISLAND, NC

You're Invited!

Free Admission, Heavy Hors d'oeuvres, Live Music, and Cash Bar

GOLD SPONSORS



June & Paul Baker
Kurt & Emily Bonney
Carpentry & Moore, Inc.
Lois Jane's River View Inn
Bruce & Monique Stenquist

Silver Sponsors

Gretchen & Steve Bodinsky
Eastern Builders
Harry Einbinder
Nancy Einbinder
Jane & John Goldsworth
Island Hardware
Jason Keller, CPA
Dennis & Glynis Pettengil

Auction Items

Original Art Work
Rental Homes
Charter Fishing
Gift Certificates
Golf Packages
Island Services (Carpenters, Etc.)
MUCH MORE!!

SATURDAY, DECEMBER 29, 2012
5PM - 8PM
(AUCTION 5PM - 7PM)
BALD HEAD ISLAND CLUB

Thank you, Uncorked by the Sea

Uncorked by the Sea

October, 2012 — New Hope Clinic was presented a check for \$1,675 from Uncorked by the Sea Wine Shop & Gallery in Southport. Uncorked raised the funds through its "Good Wines for a Great Cause" Thursday wine tastings.



Uncorked owners Joaquin and Amanda Carbonell;
New Hope Clinic Executive Director Sheila Roberts;
New Hope Clinic Board Member Jane Goldsworth, RN

New Hope Clinic Ranked Exceptional

Level Three Accreditation

New Hope Clinic has completed a voluntary accreditation program with the NC Association of Free Clinics (NCAFC) and on September 20, 2012 was awarded Level Three Accreditation. This is the highest level of accreditation offered by NCAFC and indicates the organization consistently performs at an exceptional level. The NCAFC Accreditation Program is a process and quality improvement tool that member organizations use to evaluate their services and initiate improvement for the overall health of their organization. This program covers twelve areas including legal, governance, financial, charitable fund development, public accountability and ethics, public policy and advocacy, collaboration and partnerships, human resources, constituency development and services, risk management, and medical record management. Accreditation provides recognition that an organization's services are meeting NCAFC standards of quality and excellence.

Credit for this accomplishment goes to all the Clinic employees, volunteers and Board who work diligently to meet high standards of care and organizational integrity.

Thank you for upholding New Hope Clinic's values! In everything we do, we will demonstrate our belief in the worth and dignity of all individuals through:

*Compassion
Confidentiality
Partnership
Integrity*

*Teamwork
Community
Quality Care
Financial Responsibility*



CVS Grant Meets the Needs of Many

August, 2012 - NHC received a \$1,000 CVS Caremark Community Relations Grant to provide Pharmaceutical Services for the Uninsured.

*Thank you,
CVS
for making a
difference!*



David Anderson, RPH, NHC Pharmacy Director; Sheila Roberts, NHC Executive Director; Tony Defilippis, RPH, CVS Pharmacy; Mike Haase, Mike's Garage Band.



June, 2012 - NHC received \$2,500 for diabetic supplies from the ATMC Community Connections Grant program.

Sheila Roberts, NHC Executive Director; Allen Russ, ATMC CEO/General Manager; Dennis O'Connor, NHC Board Secretary

Dental Care Improving Lives



November, 2012 - **The Brunswick County Community Foundation** awarded NHC a grant of \$500 for Dental Care. This funding will help the clinic's 11 volunteer Dentists and other dental volunteers provide an opportunity for many residents in need to receive necessary dental care that is not affordable elsewhere. The clinic provides free dental examinations, x-rays, antibiotic medications, dental extractions and oral health education. Large cavities and decayed teeth can have serious and lasting complications including serious infections if untreated. In addition, when cavities and decay become severe and very painful, they can interfere with daily living. The pain may prevent the individual from going to school or work, for instance. If it's too painful or difficult to chew or eat, they may lose weight or develop nutrition problems. In rare cases, an abscess

from a cavity can cause serious or even life-threatening infections when not properly treated. When patients need additional dental services that are not provided at our clinic, we work with Cape Fear HealthNet to try to refer them to special visiting dental clinics, local low cost clinics or to private practices. Please contact the clinic if you are interested in helping the needy in our community gain access to dental services.



Karen Anderson, BCCF Board President;
Jennifer Williams, DDS, NHC Dental Director;
Sheila Roberts, NHC Executive Director

Volunteer Spotlight

Jamie Herlihy-Carbone became interested in volunteering at New Hope Clinic through her co-worker Belinda, a fellow volunteer. She has first-hand experience knowing how debilitating dental pain can be and finds it invaluable to be able to relieve a patient's pain. Jamie is also glad that patients receive education at NHC which helps them make better decisions about their dental health.

Jamie works as a dental hygienist at Dr. Jennifer Williams' office and volunteers at NHC an average of five times per month - almost anytime there is a dental clinic. She has taken on many duties including coordinating the schedules of dentists and assistants, assisting dentists during clinics, helping to order supplies, setting up and cleaning up. Jamie works along with a dedicated all-volunteer dental staff of eleven dentists and twelve assistants!

Jamie moved to Southport from Western Massachusetts because she loves the beach and the weather. Away from work, Jamie enjoys walking on the beach, and is involved in Brunswick Little Theater. She has been delighting audiences with her singing and performing all her life.

Jamie says she volunteers because "NHC is a beautiful facility where these deserving patients are offered loving care in a professional and respectful manner."



Jamie Herlihy-Carbone,
Registered Dental Hygienist

For someone thinking about volunteering at New Hope, Jamie is quick to respond "Please do!" She says "When you give back, your life will be enhanced in ways you can't even imagine. NHC has changed my life. I have met so many wonderful people who I can truly call friends. Volunteering at NHC warms my heart."

NHC's Dental Director, Jennifer Williams, DDS, adds: "Since her addition to New Hope Clinic's dental program, Jamie Carbone has worked tremendously hard to improve and organize the dental clinic. Through her tireless efforts and genuine spirit, we have been able to increase the amount of dental clinics per month as well as the number of dental patients seen each clinic. This has enabled the patients to receive more timely treatment and get them out of pain more quickly. From the countless hours spent ordering supplies to assisting doctors during treatment, Jamie is willing to help in any way that she can. She truly cares about the patients as well as other volunteers. Jamie's compassion is overwhelmingly evident both inside and outside of the clinic, and we at New Hope Clinic are fortunate to have her as part of the team to treat our dental patients."

New Hope Clinic in Clear View

Patients of the New Hope Clinic heading down West Boiling Spring Road in Boiling Spring Lakes had to either know where the clinic was located or hope to see a small “sandwich” sign at the entrance to the parking lot. Not anymore. New Hope Clinic has a new, highly visible sign thanks to the combined efforts of A Sign of Distinction (Smitty’s) of Southport and the St. Philip’s Episcopal Church Men’s Club.

At the request of Father Barry Kubler, Rector of St. Philip’s Church and the Vice-President of the NHC Board of Directors, the Men’s Club initiated planning and funding for the new sign. New Hope’s Executive Director, Sheila Roberts provided the design for a multi-color, two-sided sign based on the clinic logo. This design was provided to Signs of Distinction to make. Smitty, in appreciation of the valuable services provided by the clinic, contributed a significant discount on the cost of the sign. The remainder of the cost of the sign and framing materials was covered by the St. Philip’s Men’s Club. Joe Trombetta, volunteer Facilities Coordinator for NHC, provided the interface with Boiling Spring Lakes government for plans approval, receiving a permit, and having the property searched for buried utility lines. With all of this groundwork complete, the project was ready to move forward.

Doug Stone designed and built the sign framing system with the help of George Meyers. Built to withstand the elements that blow through this area, the installation was completed by Doug, Ross Irwin and Dana Richardson on a day that included the challenge of anchoring the post in shifting sandy soil saturated by heavy showers. Nevertheless, the sign posts are solidly a part of the landscape, the sign is securely fastened to the framework and New Hope Clinic now has a new sign. No one should ever again have a problem finding the clinic on West Boiling Spring Road!



Ross Irwin, Dana Richardson, Doug Stone & Sheila Roberts

Brunswick County Rotary Clubs team up for NHC



Rotary Funds ECG Machine

South Brunswick Island Foundation Chair Gene Allen presents four checks to Sheila Roberts. The checks total \$3,600 and represent donations from all Rotary Clubs in Brunswick County: Leland Area, Shallotte, Southport and South Brunswick Islands. The multi-club project is a District Simplified Grant and the money has funded an ECG machine for the clinic.

Roberts Heading for England and Wales with Rotary

New Hope Clinic Executive Director, Sheila Roberts has been selected for the Southeastern North Carolina Rotary District’s Group Study Exchange (GSE) Team traveling to England and Wales in early spring of 2013. GSE is a program of The Rotary Foundation and offers participants the opportunity for fellowship with others around the world and the chance to learn about their vocations and cultures. This international experience will allow Sheila to have professional exchanges with individuals and organizations related to her work at New Hope Clinic. We look forward to hearing more about Sheila’s exchange experience soon!

SAVE THE DATE for Mike's Garage Band Benefit Concert



April, 2012 - St. James - Thanks to more than 700 attendees, the April 2012 Mike's Garage Band Benefit Concert at Woodlands Park amphitheater raised an amazing \$10,800 for New Hope Clinic!

SAVE THE DATE!

Friday, April 19, 2013

Mike's Garage Band New Hope Clinic Benefit!

Check for updates:

<http://rockin4hope.weebly.com/>

Front row: Bruce Stenquist, NHC Board Financial Officer; Sheila Roberts, NHC Executive Director; David Anderson, RPH, Pharmacy Director; Clinic Volunteers Linda Ricca, Denise York, RN & Jean Sessa.
Middle row: MGB's Tony Defilippis & Marty Wozniak
Back row: MGB's Chris Webster, John Staryak, Mike Haase, Mike Horgan, Chuck Krambuhl and NHC volunteer Judy Carpenter.
Missing from photo: MGB's Ken Haubrich.

Thoughts from New Hope Clinic Patients

What do the patients like most about New Hope Clinic?



- ♥ Friendly & caring, prompt & polite.
- ♥ The genuine care & concern shown.
- ♥ It affords people who can't afford to see a doctor, the chance to see a doctor.
- ♥ Ability to help the community, especially those who cannot afford insurance.
- ♥ The staff treats me as if I am the most important patient they have on every visit and the doctors don't beat around the bush.
- ♥ Prompt service, friendly staff & doctors.
- ♥ I would say the staff. Everyone is very helpful, well mannered and polite.
- ♥ Being able to get health care during hard economic times. Very kind staff.
- ♥ That everyone is very respectful and friendly, prompt to call you before your appointment to remind you. They all are good and the building is very clean at all times.
- ♥ That it is free. I don't have any insurance or means to pay for medical attention.
- ♥ Has been greatly appreciated since I lost my job therefore losing my insurance. I can also get some of my medications here.
- ♥ Friendly people that work here, they treat you like somebody. They don't brush you off because you don't have insurance.
- ♥ They have the heart to help people who have no way of paying for doctors and medicine, and whatever medical needs.
- ♥ Availability, financial help, compassion, do not look down on me for being poor.
- ♥ Thank you. You helped save my life.
- ♥ They have improved greatly since moving from Southport. Whatever they are doing, keep it up!
- ♥ Keep up the good job. Thanks a lot for all that everyone is doing!

What a Difference Your Contributions Make!

Wish List

Copier Paper
Alcohol Prep pads
Lancets for diabetic testing
Anti-bacterial hand soap
Paper clips
Binder clips - small or medium
Black or Red pens
Facial tissue
Toilet paper
Paper towels - multi-fold & rolls
Trash bags—tall kitchen
Latex-free exam gloves
Exam table paper
Sterilization bags (for dental instruments)
500 lb patient scale
Wall-mount transformer with
Otoscope & Ophthalmoscope

Your generous contributions enable us to provide life-saving care to more low income, uninsured Brunswick County residents. Our many doctors, nurses and volunteers donate hundreds of hours monthly to support this critical service for our neighbors in need. We strive to provide quality care in a professional setting, but we continue to need your help. The Clinic is in need of two wall mount otoscopes and ophthalmoscopes (\$750 each), a patient scale (\$350) and newer desktop computers (\$12,000) to allow the clinic to implement an

electronic medical records system that will improve the clinic's ability to safely manage patient care and improve coordination of care with other medical facilities, while improving overall internal efficiencies. We also need to raise an additional \$9,000 to purchase prescription medications needed for 2013. The majority of the medications we purchase are used to treat chronic diseases such as diabetes and high blood pressure, as well as antibiotics to fight off infections.

What can your donation provide?

\$25 provides a dental visit for 1 patient - 214 dental visits provided in 2011.

\$50 pays for 1 patient visit - 3,615 medical clinic visits last year.

\$70 buys insulin syringes for 1 patient for 1 year - Clinic helps 207 diabetic patients.

\$128 buys one day of medications for our patients - 1,358 30-day prescriptions provided free each month.

\$275 provides care for 1 patient for 1 year - 1,193 current patients.

\$900 keeps our doors open one more day!

Employee Spotlight



Angela Lambert, RN

Angela Lambert, Registered Nurse, joined New Hope Clinic in December of 2011. Angela's newly created position was funded by grants from the Cape Fear Memorial Foundation and the Catherine Kennedy Home Foundation to provide additional support to the clinic's patients and medical staff.

Angela is a Virginia native and earned her Bachelor of Science in Nursing from George Mason University. Angela began her career in nursing in the long term care and home care fields. Angela then spent eleven years as a staff nurse for Prince William County Virginia assigned to the Health Department where she did routine health screenings for county public safety employees. During that time, she also volunteered at the Prince William Area Free Clinic. Her volunteer service led to full-time employment with the Prince William Area Free Clinic as the Manassas office clinic coordinator.

At New Hope Clinic, Angela works Tuesday, Wednesday and Friday and is responsible for triaging patients, processing referrals, training staff, assuring labs and other tests are completed and assisting the providers as necessary.



New Hope Clinic, Inc.
201 W. Boiling Spring Rd.
Southport, NC 28461

(910) 845-5333
www.newhopeclinicfree.org

Mail service on this newsletter donated by:
**The Printing Shoppe
and Smart Mail**
A full service printer and specialists
in Direct / Saturation and
Fulfillment Mail.
150 Holden Beach Rd, Ste 3 ~ Shallotte, NC
(910) 755-6151 / printshop@atmc.net

Consider Volunteering!
Flexible Scheduling!
Current Needs:
Nurses (Active or Retired), Dieticians/Nutritionists

Help us cut costs.
Sign up to receive the quarterly newsletter by email.
Call the clinic at 910-845-5333
or send an email to
clinic@newhopeclinicfree.org
to add your name to the email list.

Please help us provide essential health care in Brunswick County

Name _____ Phone _____
Address _____ Email _____
Enclosed is my gift of: _____\$25; _____\$50; _____\$100; _____Other
_____ In Memory of _____ In Honor of Name _____
Send Acknowledgement to: (Address) _____
Send Holiday Card: (Circle One) Yes / No _____ I wish to remain anonymous
I would like to sponsor a leaf on the Donor Recognition Tree:
_____ Golf Leaf \$2,500+ gift _____ Silver Leaf \$1,000-\$2,499 _____ Bronze \$500-\$999
Text for leaf: _____

THANK YOU! We Truly Appreciate Your Support!

*Contributions are tax deductible to the extent permitted by law. New Hope Clinic is a 501(c)(3)non-profit organization. ID#31-1614379
To: New Hope Clinic, Inc., 201 W. Boiling Spring Rd, Southport, NC 28461